

Duke of Edinburgh Award

How to keep going during school closures and social isolation.

The following is not official guidance, but should allow you to continue on your DofE journey, even now schools have closed and “lock down” has been enacted. These suggestions may require you to communicate with the assessor before you implement any changes to your activity.

Firstly you could take a break during any self-isolation period, especially if you are feeling unwell, and start again once you are back. This should be recorded in edofE in ‘text’. But this might be some time so here is the second option.

Volunteering

Is there anything you could do at home to support your charity or club? Could you create resources for the Brownies, write letters/emails to the elderly people you help with or set up a blog encouraging your cubs to complete a badge whilst they are at home?

Physical

As we have been told do some exercises (ensuring a safe distance from others) could you record your 20 minute walks on three days each week sending your files to your assessor OR can you practice your sport in your garden e.g dribbling football, Joe Wicks PE for Fitness. Videos or Photographs are good evidence.

Skills

Many of you will be able to continue playing instruments at home whilst music lesson stop. You just need to do an hour a week and record it. Why not set a piece of music you want to play, record it as a MP3 file when ready and upload as proof and send it to your assessor. Other skills like cooking can be done at home in the kitchen, with evidence sent to your assessor and uploaded.

Assessors Report

If you have completed a section but are waiting for an Assessor to complete their report, they are able to do it online. If they use the following link : <https://edofe.org/Assessor> and know your Participant ID (it can be found on your eDofE.) then they can fill the form in and I can approve it online. This will help you complete those sections that you have already done.

Last of all

So come on let’s get creative – think of a solution, discuss it with your parents and then suggest it to your assessor.

BUT don’t put yourselves at risk - but it might fill your time at home to do something towards DofE sections.

This needs a discussion with the assessor before you start, as they need to agree the changes in activity.

If you have any queries feel free to email me : Cgiggle@gvsc.org.uk or message me on eDofE.

Mr C Giggle

DofE Leader